

CROSS THE RAINFOREST CANYON

Capilano Suspension Bridge

Park Walk · North Vancouver, B.C.

DISTANCE

~2 mi

with all stops

TIME

2–3 hrs

longer in season

DIFFICULTY

Easy+

unsteady surfaces

ELEVATION

~170 ft

approx. gain

The park walk, stop by stop



Kia'palano Cultural Center

Start here

An Indigenous cultural center and one of the park's wheelchair-accessible spaces.



Capilano Suspension Bridge

450 ft long

Cross 230 feet above the Capilano River and feel the gentle sway.



Treetops Adventure

Old-growth firs

Walk suspended bridges among enormous Douglas firs.



Cliffwalk

Cantilevered

Narrow pathways cling to the granite cliffs high above the canyon.



Raptors Ridge

Seasonal

Birds of prey when in season. Dogs not allowed while birds are present.

Stops follow the usual walking order · Check each one off as you go

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QUICK VISIT NOTES

Know before you go

What to carry

- ☐ Warm layers
- ☐ Comfortable walking shoes
- ☐ Camera or phone
- ☐ Waterproof jacket
- ☐ Filled reusable bottle
- ☐ Card for parking meters

Along the way

Hours

Year-round, with seasonal hours. Closed Dec 25.

Admission

Adults about CAD \$78 online.

Parking

Paid lot C\$8 per 3 hrs; free overflow nearby.

Access

Bridge, Treetops, Cliffwalk and far-side trails are not wheelchair accessible.

Any Season Walk

The park runs year-round, so this walk works in every season. Events like Canyon Lights and Canyon Fright Nights add extras, and wind, ice or maintenance can close sections.

My journal



Full guide
& current fees



Official
park map

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Print at 100% on Letter, single-sided. Cut along the dashed outline.

Fold on the dotted line so the front and back face outward, or cut the two panels apart and glue them back-to-back. Finished size: 4 × 6 in, made for a pocket or daypack.