

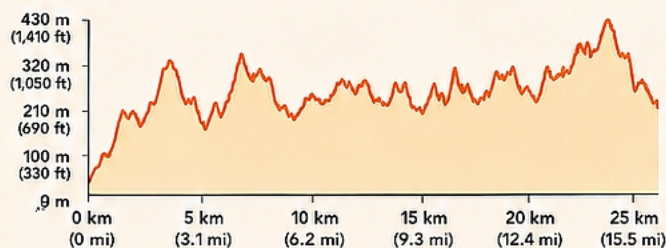
Dunquin to Cuas Hike

County Kerry, Ireland

The fifth segment of the Dingle Way is one of its most breathtaking and challenging. From dramatic cliffs and ancient sites to sweeping views of the Atlantic and Mount Brandon, this long-distance stage ends in the remote village of Cuas.

				
25 km (15.5 miles)	308 m (1,010 ft)	Moderate to Hard	6–8 hours	Point to Point
DISTANCE	ELEVATION GAIN	DIFFICULTY	TIME	TYPE

ELEVATION PROFILE



FACILITIES: There is parking and restrooms available at the Blasket Centre in Dunquin. There are no public restrooms, cafes, or petrol stations on this stretch of the Dingle Way. The endpoint in Cuas is very remote, though there is a well-known local pub, An Bóthar, nearby.



WATER AVAILABILITY: Potable water is available in the villages at either end of the trail. Carry enough water for the hike, as refill opportunities are limited along the route.



CELL SERVICE: Intermittent. You may lose reception on some of the remote, low-lying cliff sections.



MAPS: Official Ordnance Survey Ireland (OSi) Discovery Series Maps 70 and 71 are recommended. Digital maps are also available on AllTrails and in Dingle Way guidebooks.



COST: The trail is free to hike. Optional luggage transfer services, guided tours, and accommodations are available for an additional cost.



BEST TIME TO HIKE: April through September offers the longest days and generally the best weather, although the trail is open year-round.



WHAT TO BRING: Waterproof hiking boots, layered rain gear, gaiters (some sections can be very muddy), a paper or downloaded map, a fully charged phone, a power bank, a small first aid kit, a packed lunch, and plenty of drinking water.



HIGHLIGHTS ALONG THE WAY

- ★ **Dunquin Pier:** The famous, winding cliffside path at the trail's starting point.
- ★ **Mionnán Mór Pass:** An upland trail section offering the first panoramic views of Smerwick Harbour.
- ★ **Louis Mulcahy Pottery:** A renowned pottery workshop and café situated directly along the route in Clogher.
- ★ **Clogher Strand:** A dramatic, wave-swept beach looking out toward the "Dead Man" island.
- ★ **Ballyferriter Village:** A traditional Irish-speaking village located just a short detour off the main path.
- ★ **Smerwick Harbour:** A vast, sheltered bay featuring scenic walking stretches directly on the sand.
- ★ **Dún an Óir:** A historic, coastal headland fortification and the site of a 1580 battle.
- ★ **Gallarus Oratory:** A remarkably preserved, 1,200-year-old stone church shaped like an upturned boat.
- ★ **Cuas:** The peaceful fishing cove at the base of Mount Brandon marking the end of the stage.